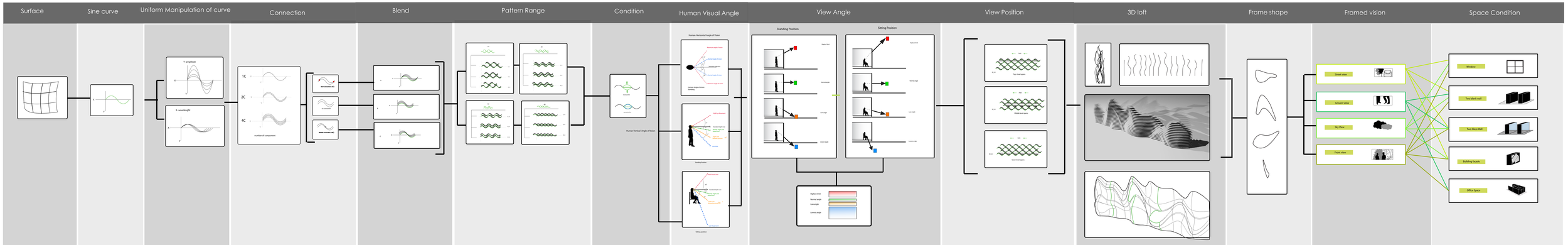Ingredient Chart